

BOWTECH®

The Original Bowen Technique

Bowen Introduction workshop!



Would you like to learn more about the fastest growing hands-on Fascia release technique that is revolutionising the Healthcare World?

This introduction will give you insight into the background and origins of this technique. You will also learn and experience some Basic moves. So, you will have a great grounding which makes it easier to decide if a Bowen Course is for you. The cost of this Intro workshop will be deducted from your Module 1&2 when you present your certificate of attendance!

What is the Bowen Technique?

A gentle yet highly effective treatment, which consists of cross fibre moves over muscles, tendons and ligaments. These very precise 'moves' can bring the body back into alignment by sending a message through the structures informing the body of the tension levels. This allows the body to make the necessary adjustments without force. Easier on the client and the Practitioner.

Conditions responding well to Bowen:

- Back, neck, shoulder pain
- Respiratory conditions
- ME, stress
- Hormonal/Pregnancy problems
- IBS, digestive disorders
- Sports injuries
- Migraine/Headaches
- General health
- Childhood conditions and more...

Introduction Workshop

Near Hereford

Friday 14th April 2023

10.00am-4.30pm

Details www.bowentraining.co.uk

The course costs £100 which is fully refundable when you commence your Bowen Training with Nickatie. To apply for the course or for more information contact nickatie@nickatie.com